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### **Tanulmányok**

2003. Érettségi Vörösmarty Gimnázium Érd

2010. Semmelweis Egyetem Általános Orvostudományi Kar

2018. Ph.D. ,Szegedi Tudományegyetem

### **Szakképesítések**

2016 Általános sebészet szakvizsga

2019 Nemzetközi emlősebészeti szakvizsga, FEBS

2021 Európai emlősebészet szakvizsga, CEBS

2021 Plasztikai és égés-sebészeti szakvizsga

### **Nyelvismeret**

angol középfok

orosz középfok

### **Tanulmányutak**

2008. Instituto de Medicina Integral Professor Fernando Figueira, Recife, Brazília

2009. Universidade do Porto, Porto, Portugália

2014. ASCO 50<sup>th</sup> Congress, Chicago, USA

2014. Breast Cancer Advanced Course, Chicago, USA

2014. Langone Medical Center, New York University, USA

2014. Perlmutter Cancer Center, New York University, USA

2014. Bellevue Hospital, Breast Unit, New York, USA

2015. ECC Congress, Bécs, Ausztria

2015. ABC3 Congress, Lisszabon, Portugália

2016. EBCC 10 Congress, Amsterdam, Hollandia  
2016. ESSO 34 Congress, Krakko, Lengyelország  
2017. ABC4 Congress Lisszabon, Portugália

### **Munkahelyek**

2010- Országos Onkológiai Intézet

### **Tagsági belépések:**

Fiatal Onkológusok Szekciója, FIOSZ (Elnök 2014 és 2016 között)  
Fiatal Sebészek Szekciója, FISESZ  
Magyar Onkológiai Társaság, MOT  
Magyar Sebészeti Társaság, MST  
Magyar Orvosi Kamara  
European Association for Cancer Research, EACR  
European Society of Surgical Oncology, ESSO  
ESSO Young Surgeons and Alumni Club, EYSAC (magyar képviselő tag)  
European Society of Medical Oncology, ESMO  
**ESMO Young** Oncologists Committee, YOC

### **Ösztöndíjak:**

2016.03.09-11. 10th EBCC Amsterdam European Cancer Congress Fellowship Grant  
2015.09.25-29: 18th ECCO - 40th ESMO European Cancer Congress Fellowship Grant  
2015.11.05-07. 3rd ABC3 Congress Fellowship Grant  
2014 Avon Global Breast Cancer Clinical Scholars Fellowship Grant  
2017. ABC4 Congress Lisszabon, Portugália, Congress Fellowship Grant

### **Tudományos tevékenység:**

Ph.D. tézis: Analysis of contributing factors of the constant breast cancer mortality rate in Hungary between 2002 and 2014  
Does breast screening offer a survival benefit? A retrospective comparative study of oncological outcomes of screen-detected and symptomatic early stage breast cancer cases.  
Breast cancer care quality analysis of the National Institute of Oncology in Hungary according to the requirements of European Society of Breast Cancer Specialists (EUSOMA)

Factors associated with women's screening behaviours, beliefs, and barriers leading to low adherence rates in the Hungarian organized mammography screening program and to acquire information on the appropriate level of intervention necessary to increase screening participation.

## **Publikációk:**

Long-Term Dynamic Changes in Cosmetic Outcomes and Patient Satisfaction after Implant-Based Postmastectomy Breast Reconstruction and Contralateral Mastopexy with or without an Ultrapro Mesh Sling Used for the Inner Bra Technique. A Retrospective Correlational Study.

József Z, **Újhelyi M**, Ping O, Domján S, Fülöp R, Ivády G, Ráchel T, Rubovszky G, Mészáros N, Kenessey I, Mátrai Z. *Cancers (Basel)*. 2020 Dec 29;13(1):73. doi: 10.3390/cancers13010073. PMID: 33383874 **Free PMC article.**

Evaluation of the medially pedicled skin-reducing nipple-sparing mastectomy as a standard mastectomy technique for large and ptotic breasts.

**Újhelyi M**, Sávolt Á, Fülöp R, Mészáros N, Mátrai Z. *Breast J*. 2020 Nov;26(11):2276-2279. doi: 10.1111/tbj.13985. Epub 2020 Jul 28. PMID: 32725708 No abstract available.

[Assessing the needs of Hungarian breast cancer patients for modern oncoplastic breast surgical treatment. Questionnaire study of 500 patients].

Dorogi B, Mátrai T, **Újhelyi M**, Kenessey I, Kelemen P, Sávolt Á, Huszár O, Ping O, Pukancsik D, Mátrai Z. *Orv Hetil*. 2020 Jul;161(29):1221-1228. doi:

10.1556/650.2020.31768. PMID: 32628622 Hungarian.

Clinicopathological correlations of areola-sparing mastectomies versus nipple-sparing mastectomies: Analysis of the oncological and cosmetic importance of the components of the nipple-areola complex.

Dorogi B, **Újhelyi M**, Kenessey I, Ivády G, Mátrai Z. *Breast J*. 2020 Oct;26(10):2081-2086. doi: 10.1111/tbj.13957. Epub 2020 Jul 1. PMID: 32613690 No abstract available.

[Evaluation of the modified Regnault "B" technique as a standard level II oncoplastic breast-conserving surgery].

Kelemen P, **Újhelyi M**, Pukancsik D, Sávolt Á, Kovács E, Zaka Z, Sándor Z, Mátrai Z. *Orv Hetil*. 2020 Jun;161(24):1002-1011. doi: 10.1556/650.2020.31738. PMID: 32469841 Hungarian.

A long-term retrospective comparative study of the oncological outcomes of 598 very young ( $\leq 35$  years) and young (36-45 years) breast cancer patients.

Szollár A, **Újhelyi M**, Polgár C, Oláh E, Pukancsik D, Rubovszky G, Udvarhelyi N, Kovács T, Sávolt Á, Kenessey I, Mátrai Z. *Eur J Surg Oncol*. 2019 Nov;45(11):2009-2015. doi:

10.1016/j.ejso.2019.06.007. Epub 2019 Jun 5. PMID: 31189512

Evaluation of the central pedicled, modified Wise-pattern technique as a standard level II oncoplastic breast-conserving surgery: A retrospective clinicopathological study of 190 breast cancer patients.

Kelemen P, Pukancsik D, **Újhelyi M**, Kovács E, Stamatidou A, Ivády G, Kenessey I, Kovács T, Smanykó V, Rubovszky G, Mátrai Z. *Breast J*. 2019 Sep;25(5):922-926. doi: 10.1111/tbj.13371. Epub 2019 Jun 4. PMID: 31165547

Evaluation of a Retroglanular Oncoplastic Technique as a Standard Level I Oncoplastic Breast-Conserving Surgery: A Retrospective Clinicopathologic Study of 102 Patients With Breast Cancer.

Mátrai Z, Újhelyi M, Kovács T, Kelemen P, Sávolt Á, Kovács E, Éles K, Mészáros N, Kenessey I, Stamatou A, Pukancsik D. Clin Breast Cancer. 2019 Jun;19(3):e459-e467. doi: 10.1016/j.clbc.2019.02.005. Epub 2019 Feb 20. PMID: 30992191 Clinical Trial.

Second breast-conserving surgery and interstitial brachytherapy vs. salvage mastectomy for the treatment of local recurrences: 5-year results.

Smánykó V, Mészáros N, Újhelyi M, Fröhlich G, Stelczer G, Major T, Mátrai Z, Polgár C. Brachytherapy. 2019 May-Jun;18(3):411-419. doi: 10.1016/j.brachy.2019.02.004. Epub 2019 Mar 16. PMID: 30890318

Comparison of clinicopathologic, cosmetic and quality of life outcomes in 700 oncoplastic and conventional breast-conserving surgery cases: A single-centre retrospective study.

Kelemen P, Pukancsik D, Újhelyi M, Sávolt Á, Kovács E, Ivády G, Kenessey I, Kovács T, Stamatou A, Smánykó V, Mátrai Z.

Eur J Surg Oncol. 2018 Oct 16. pii: S0748-7983(18)31424-0. doi: 10.1016/j.ejso.2018.09.006

Challenging tumour immunological techniques that help to track cancer stem cells in malignant melanomas and other solid tumours.

Kotlan B, Plotar V, Eles K, Horvath S, Balatoni T, Csuka O, Újhelyi M, Sávolt Á, Szollar A, Vamosi-Nagy I, Toth L, Farkas E, Toth J, Kasler M, Liszky G.

Contemp Oncol (Pozn). 2018 Mar;22(1A):41-47. doi: 10.5114/wo.2018.73884. Epub 2018 Mar 5.

[Second breast conserving surgery and interstitial radiotherapy for the treatment of breast tumor local recurrences. Five-year results].

Smánykó V, Mészáros N, Újhelyi M, Fröhlich G, Stelczer G, Major T, Mátrai Z, Polgár C.

Orv Hetil. 2018 Mar;159(11):430-438. doi: 10.1556/650.2018.30984. Hungarian.

Barriers to Organized Mammography Screening Programs in Hungary: A Questionnaire-based Study of 3,313 Women.

Újhelyi M, Pukancsik D, Kelemen P, Kovács E, Kenessey I, Bak M, Kásler M, Kovács T, Mátrai Z. Anticancer Res. 2018 Mar;38(3):1727-1734.

Clinical experiences with the use of ULTRAPRO® mesh in single-stage direct-to-implant immediate postmastectomy breast reconstruction in 102 patients: A retrospective cohort study.

Pukancsik D, Kelemen P, Gulyás G, Újhelyi M, Kovács E, Éles K, Mészáros N, Kenessey I, Pálházi P, Kovács T, Kásler M, Mátrai Z.

Eur J Surg Oncol. 2017 Jul;43(7):1244-1251. doi: 10.1016/j.ejso.2017.01.236. Epub 2017 Feb 6.

Objective decision making between conventional and oncoplastic breast-conserving surgery or mastectomy: An aesthetic and functional prospective cohort study.

Pukancsik D, Kelemen P, Újhelyi M, Kovács E, Udvarhelyi N, Mészáros N, Kenessey I, Kovács T, Kásler M, Mátrai Z.

Eur J Surg Oncol. 2017 Feb;43(2):303-310. doi: 10.1016/j.ejso.2016.11.010. Epub 2016 Dec 5.

[Evaluation of clinicopathological findings and cosmetic outcome of 100 immediate postmastectomy breast reconstruction cases].

Pukancsik D, Kelemen P, Sávolt Á, Újhelyi M, Kovács E, Zaka Z, Kásler M, Mátrai Z.  
Orv Hetil. 2016 Nov;157(46):1830-1838. Hungarian.

[Breast cancer care quality analysis of the National Institute of Oncology in Hungary according to the requirements of European Society of Breast Cancer Specialists (EUSOMA)].

Újhelyi M, Pukancsik D, Kelemen P, Sávolt Á, Gődény M, Kovács E, Udvarhelyi N, Bak M, Polgár C, Rubovszky G, Kásler M, Mátrai Z.  
Orv Hetil. 2016 Oct;157(42):1674-1682. Hungarian.

Does breast screening offer a survival benefit? A retrospective comparative study of oncological outcomes of screen-detected and symptomatic early stage breast cancer cases.

Újhelyi M, Pukancsik D, Kelemen P, Kovács E, Kenessey I, Udvarhelyi N, Bak M, Kovács T, Mátrai Z.  
Eur J Surg Oncol. 2016 Dec;42(12):1814-1820. doi: 10.1016/j.ejso.2016.06.403. Epub 2016 Jul 9.

Evaluation of patient knowledge, desire, and psychosocial background regarding postmastectomy breast reconstruction in Hungary: a questionnaire study of 500 cases.

Mátrai Z, Kenessey I, Sávolt A, **Ujhelyi M**, Bartal A, Kásler M.  
Med Sci Monit. 2014 Dec 12;20:2633-42. doi: 10.12659/MSM.891072.

[Sentinel lymph node biopsy after neoadjuvant chemotherapy in breast cancer].

Mátrai Z, Tóth L, Polgár C, Láng I, Gődény M, Sinkovics I, Horváth Z, Bidlek M, Udvarhelyi N, Bartal A, Sávolt A, **Ujhelyi M**, Kásler M.  
Magy Onkol. 2011 Jun;55(2):73-84. doi: MagyOnkol.2011.55.2.73. Epub 2011 Feb 2. Review.  
Hungarian.