

# **Chemotherapy, Targeted therapy, Immunotherapy**

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# Definition of malignant tumor

Cell clones, which are

- independent
- immortal
- invasive
- capable to create metastasis
- capable to induce immune tolerance

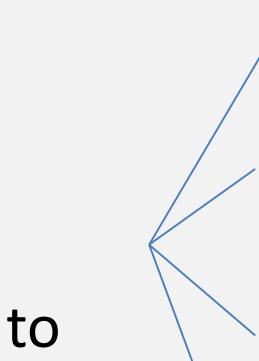
*Mutations of oncogenes, tumor suppressor genes*

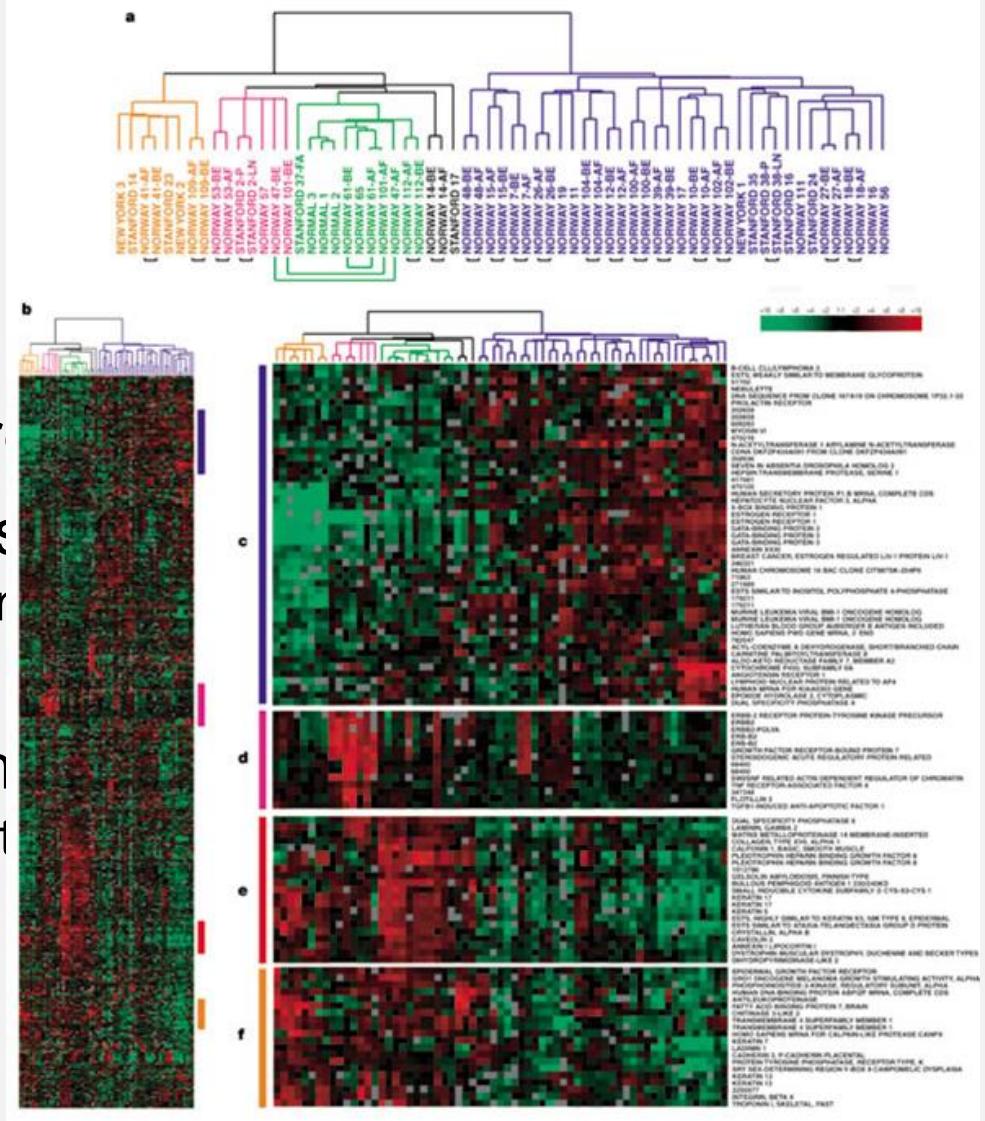
*DNA-repair mechanisms*

*Apoptosis*

# Diversity of malignant tumors

At molecular level: DNA,  
— almost all  
  
-or  
-his  
plan  
  
Grouping according to





# Types of medical treatment in cancer management

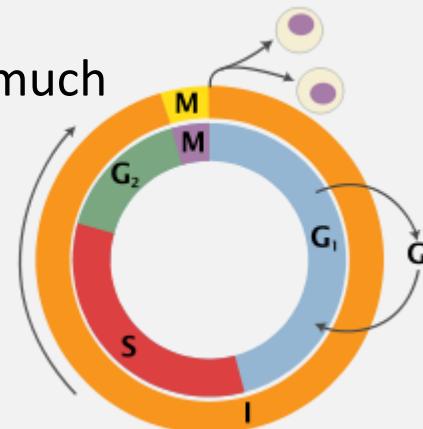
- Chemotherapy/cytotoxic agents
- Targeted therapies
  - Endocrine treatment
  - Enzyme inhibitors (mostly TKI)
  - Biologics (mostly antibody based)
- Supportive/palliative treatment

# Mode of action of chemotherapy

- The chemotherapy agents impair cell division (mitosis): direct DNA damage, antimetabolites, enzyme-inhibition (topoisomerase I. és II.), microtubule-inhibition.
- Apoptosis – programmed cell death
- Effectively targets fast-dividing cells – cancer cells divide much faster than normal cells.

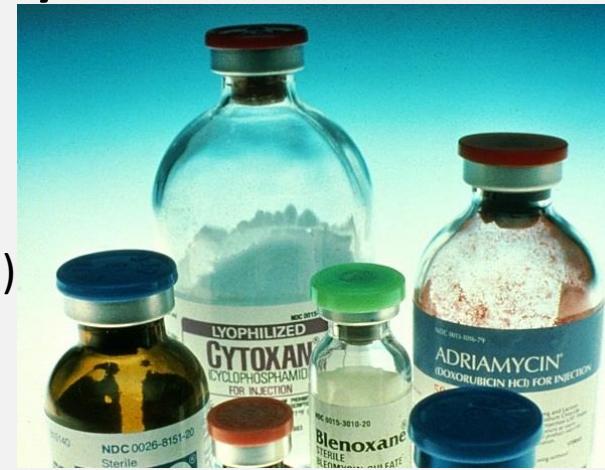
But:

- there are malignancies with slower growth rates, such as indolent lymphomas, tend to respond to chemotherapy much more modestly
- fast dividing normal cells also susceptible – side effects



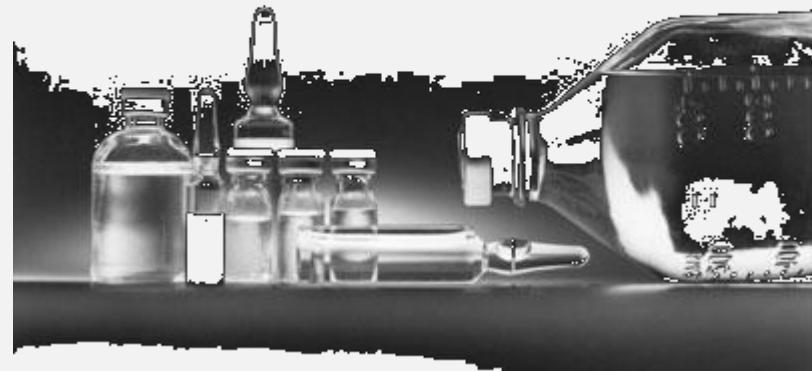
# Groups of chemotherapy compounds

- Alkylating agents
  - nitrogen mustards (cyclophosphamid, ifosfamide, etc.)
  - nitrosoureas (carmustine, lomustine, etc.)
  - tetrazines (dacarbazine, temozolomide, etc.)
  - platinum salts (pl. cisplatin, carboplatin, oxaliplatin)
- Anti-metabolites
  - purines/pyrimidine-analogs
  - anti-folates
- Antibiotics
  - anthracyclines (pl. TOPO II-inhibitors - doxorubicin), mitoxantron, mitomycin
- Plant derived compounds
  - TOPO I-inhibitors: topotecan, irinotecan, etoposid
  - anti-microtubule agents (vinca-alkaloids, taxanes (docetaxel, paclitaxel))



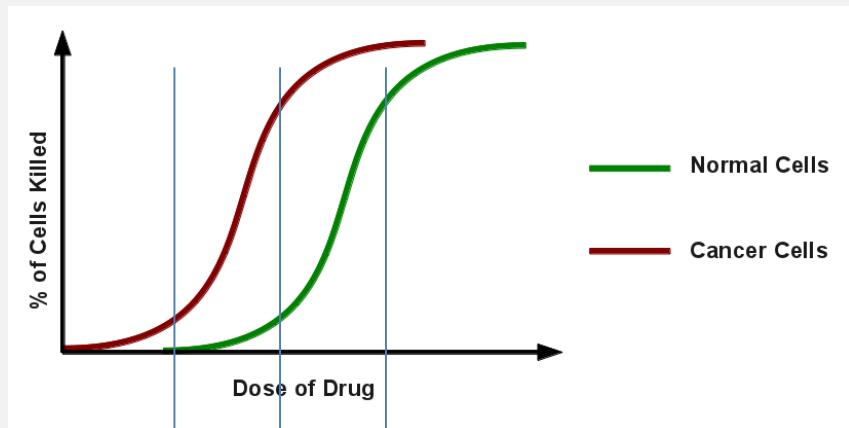
# Delivery

- Aim of therapy:
  - neoadjuvant – adjuvant – palliative
- Way of delivery:
  - intravenous – intramusculare – per os – locoregional/intraarterial
- Monotherapy – combination therapy
- Combination with other modality: radio-chemotherapy, chemo-biologocal
- Dosing: conventional dose – dose dense therapy – high dose therapy –  
metronomic low dose



# Dosing

- Low dose – ineffective
- High-dose – intolerable side effects
- Dose window



- weight (mg/kg), BSA (body surface area,  $\text{mg}/\text{m}^2$ ), AUC (area under the curve)

# Cure rate with chemotherapy alone in advanced (metastatic) malignant diseases

Malignancy	Cure rate (%)
<u>In childhood:</u>	
Acut lymphoid leukaemia	>50
Non-Hodgkin lymphoma	>50
Burkitt lymphoma	>50
Wilms tumor	>50
Ewing's sarcoma	>50
Embryonal rhabdomyosarcoma	>50
<u>In adulthood:</u>	
Gestational choriocarcinoma	90
Germinal cell testicular cancer	>75
Hodgkin lymphoma	>50
Agressive Non-Hodgkin lymphoma	>50
Akut myeloid leukaemia	25-50
Ovarial cancer	10-20

# Side effects

Chemotherapy causes harm to fast dividing normal cells, too, such as haemopoetic stem cells, mucosa cells in gastrointestinal tract, dermal cells (hair bulb,nail) and germinal cells.

- **Side effects in GI tract:** stomatitis/mucositis, loss of appetite, nausea/vomiting, diarrhoea.
- **Affecting epithelium:** photosensitization, alopecia, nail-changes.
- **Blood cells:** cytopenias (fatigue, spontaneous bleeding, infection).
- **Germ cells:** conceptional or procreative impotency.

# Supportive – nausea/vomiting

Cause: irritation of mucosa, chemo-receptor trigger zone. Role of serotonin.

Anticipatory vomiting.

Treatment, prevention:

- serotonin antagonists (ondansetron, granisetron, palonosetron, etc.)
- neurokinin-1 receptor antagonists (aprepitant, fosaprepitant)
- corticosteroids

# Supportive – agranulocytosis, febrile neutropenia

Severe neutropenia – absolute neutrophyl count (ANC) <0,5 G/l

Agranulocytosis – ANC <0,1 G/l

Severe attenuation of immuno-system.

If fever presents: febrile neutropenia.

„Sterile circumstances”, antibiotics, antimycotics, antiviral drugs, colony stimulating factors (G-CSF, GM-CSF).

# Side effects – organ damage

- Cardiotoxicity: anthracyclin (irreversible), trastuzumab (reversible), taxane (arrhythmia)
- Lung fibrosis: trastuzumab, taxane, ifosfamide
- Kidney: platinas, ifosfamide, cyclophosphamide
- Liver: many drugs (lapatinib)
- Peripheral nerves: platinum, vinca alkaloids, taxane
- Infertility, gonadal damage
- Second malignancy (<1%): in younger age mostly solid tumours, in the elderly mostly AML/MDS<sup>1</sup>

1.Brown LM, et al. Risk of second non-hematological malignancies among 376,825 breast cancer survivors. *Breast Cancer Res Treat.* 2007;106(3):439–451

# Hystory of hormonal treatment

1896: George Beatson (surgeon in Glasgow) published 3 cases,  
oophorectomy influenced favourably breast cancer

1937 – diethylstilboestrol, prostate tumour

1969 – tamoxifen, breast cancer

2000 and beyond aromatase inhibitors

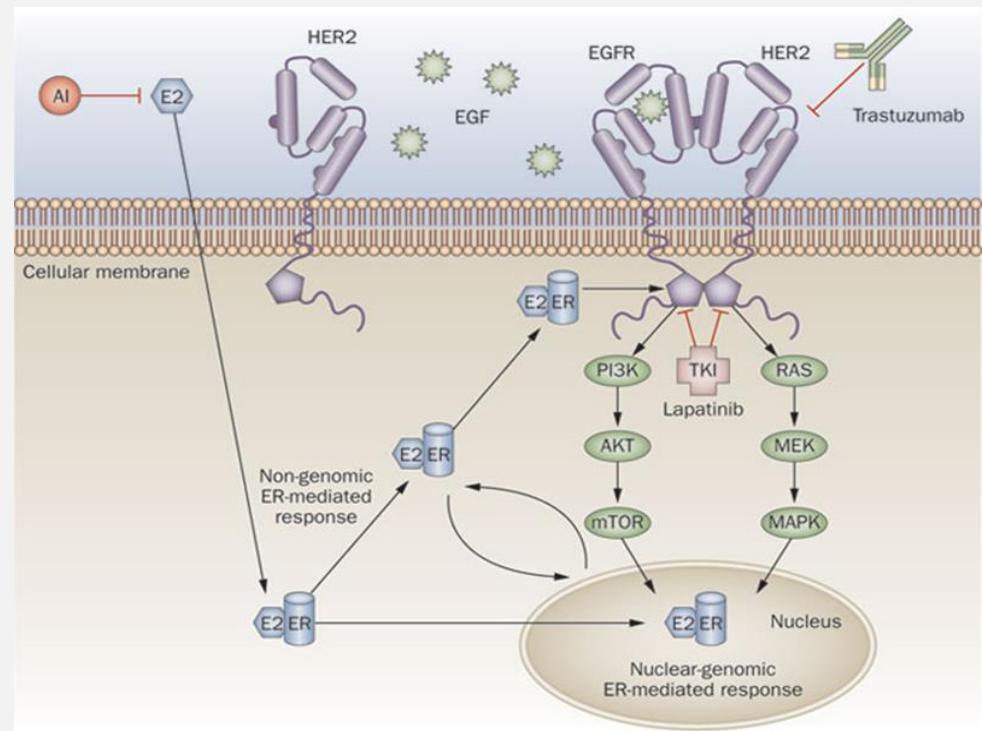
# Hormonal therapy

There are tumours susceptible to hormonal environment (breast, prostate, endometrial).

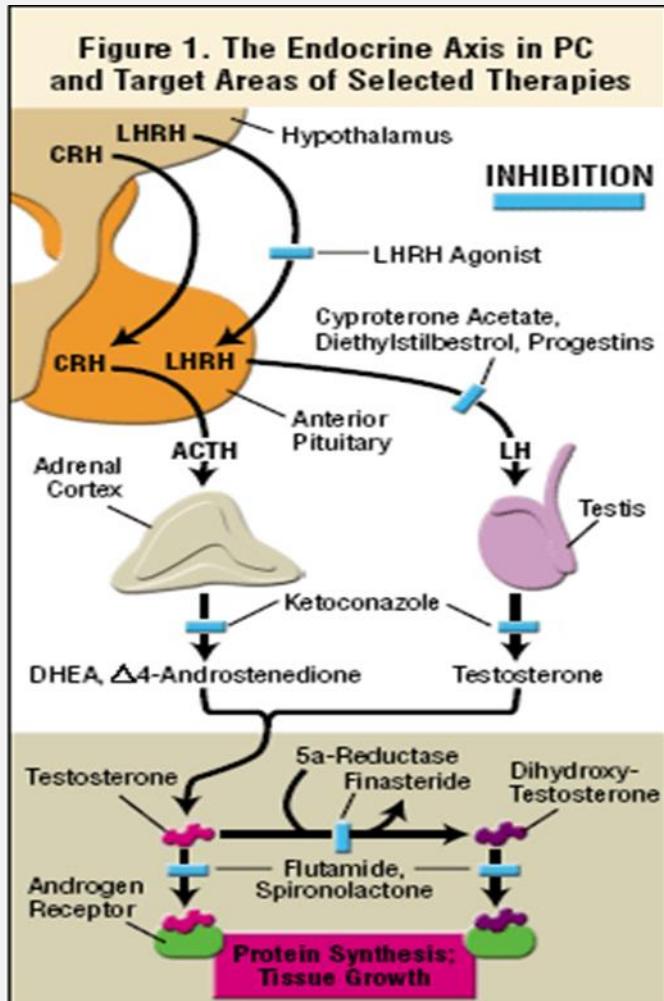
The presence of a hormone is essential for growth and spread of neoplasm – inhibiting hormonal effect is anti-neoplastic.

Targeted treatment.

Cytostatic therapy.



# Hormonal compounds



evel

erelin, triptorelin, buserelin, leuprorelin, stb.)

s (AI)

le, anastrozole)

)

(abiraterone)

ts

dokrine receptor modulator: tamoxifen, (obosarm)

nt)

ide, bicalutamide, enzalutamide)

ges

# Clinical use

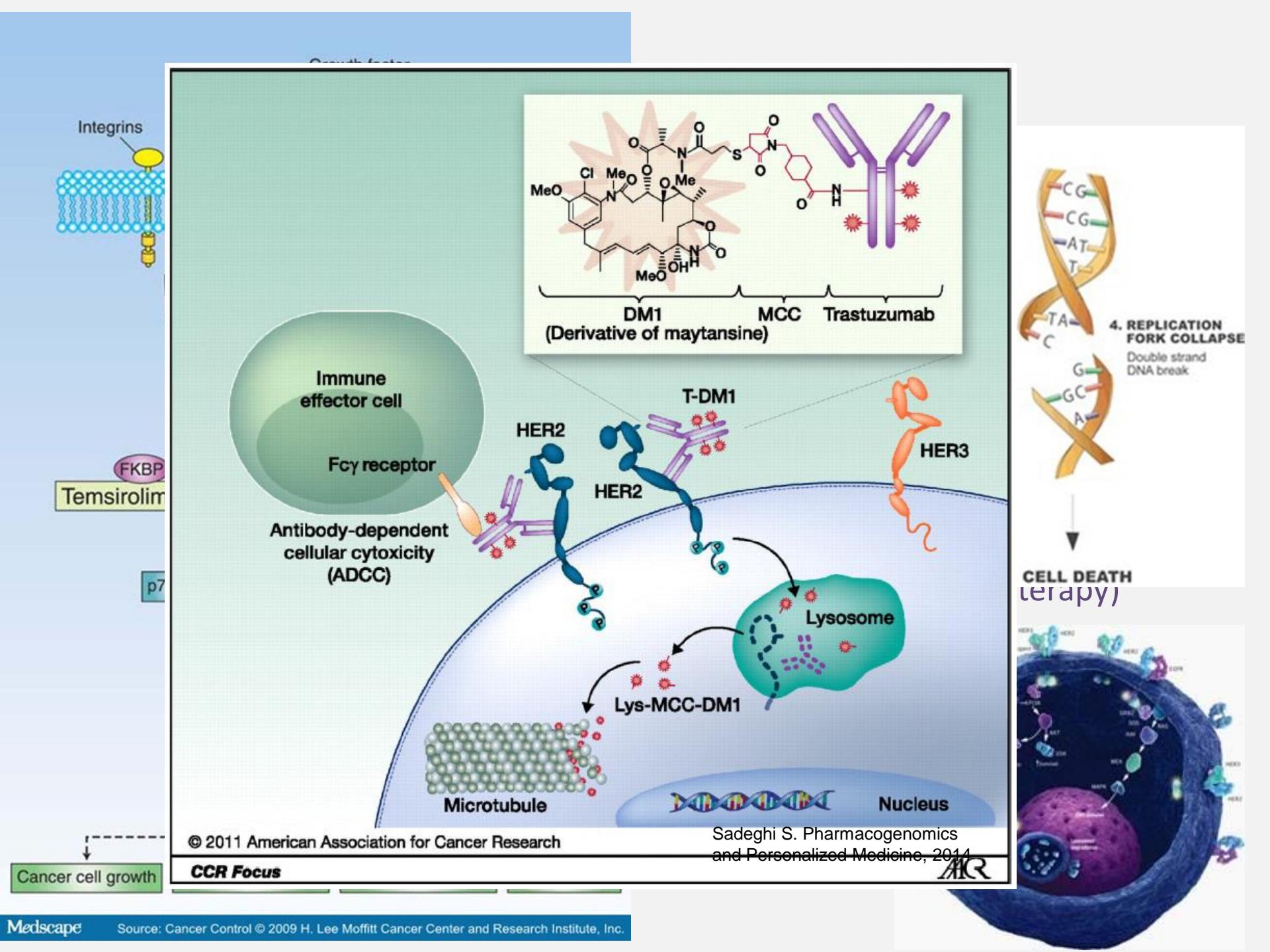
- Breast cancer
  - Premenopausa:
    - tamoxifen (inhibition on cancer cells - peripheral)
    - tamoxifen + GnRH-analog (central effect) or oophorectomy
  - Postmenopausa
    - tamoxifen
    - aromatase inhibitors
    - fulvestrant

# Clinical use

- Prostate cancer
    - Androgen deprivation
      - Surgical castration
      - Chemical castration (GnRH-analog):  
keep serum testosterone  
under castrational level
    - Anti-androgen
    - Peripheral enzyme inhibition
- 
- aim to
- Total androgen  
blokade*

# Side effects of endocrine treatment

- common:
  - vasomotor symptoms (hot flashes, sweating)
  - musculoskeletal (arthralgia)
  - metabolic disturbances (weight gain, cholesterol, heart and vascular complications, osteoporosis)
  - venous thromboembolia (VTE)
  - mood alteration (depression)
  - fatigue
- breast cancer:
  - vaginal dryness or discharge (infection, dyspareunia)
  - endometrium carcinoma (tamoxifen)
- prostate cancer
  - erection problems, impotency
  - breast tenderness, gynecomastia



# Classes

1. Low molecular weight drugs— generally enzyme inhibitors:  
tyrosine kinase inhibitors (TKI)
2. Antibody
  1. Epidermal growth factor family
    - HER1 (EGFR) – cetuximab, panitumumab
    - HER2 – trastuzumab, pertuzumab
  2. Vascular endothelial growth factor (VEGF)
    - bevacizumab, afibbercept
  3. Haematology: rituximab (CD20), alemtuzumab (CD52)

Antibody-drug conjugates: trastuzumab emtansin (TDM1), brentuximab vedotin (CD30), tositumomab I<sup>131</sup> (CD20)

# Low molecular weight drugs

- In general more than one target
- For efficacy target is needed– biomarker
- Intracellular
- Pe os
- Susceptible the activity of cytochrome P450 enzyme

Side effects:

- Loss of appetite, loss of weight, diarrhea
- Blood counts, liver enzyme
- rash
- hypothyreosis

# Mechanism of action

The beginning of revolution: Glivec (imatinib) 2001 (C-KIT)

EGFR: erlitinib, gefitinib, lapatinib.

B-RAF-inhibitor: vemurafenib, dabrafenib, encorafenib.

MEK-inhibitor: cobimetinib, trametinib, binimetonib

mTOR-inhibitor: temsirolimus, everolimus.

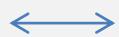
Mainly angiogenesis inhibitor multikinase inhibitors: sunitinib, sorafenib, pazopanib, vandetanib.

ALK-inhibitor: crizotinib, ceritinib, alectinib, brigatinib, lorlatinib.

NTRK-gátlók: larotrectinib, entrectinib

The drugs are tested in different histologies and molecular abnormalities:

traditionally according to  
organ of origin



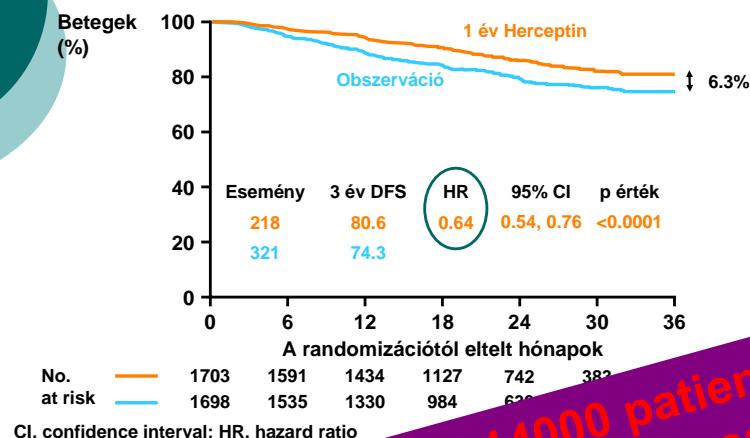
target oriented



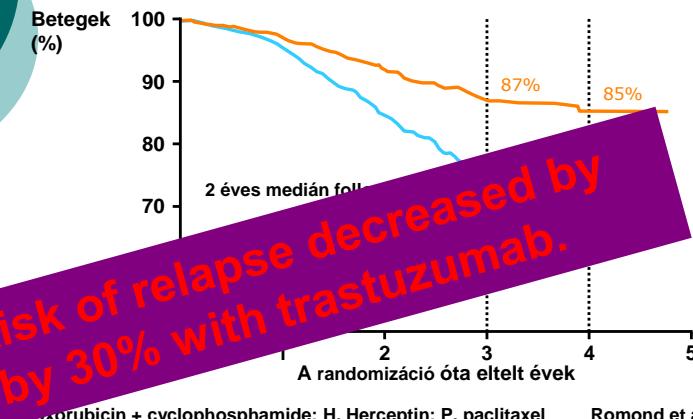
# Adjuváns trastuzumab kezelés

## HERA trial: DFS

(kezelni szándékozottak; FU median 2 év)

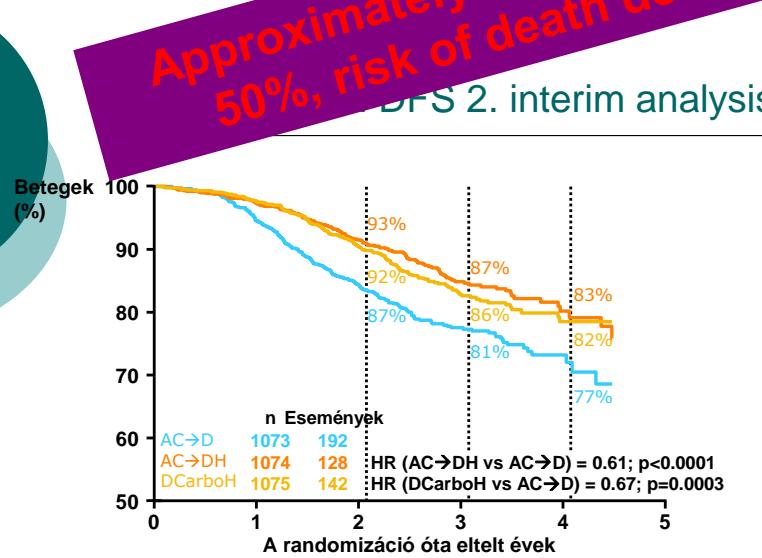


## B-31 és N9831 összevont analízis: DFS

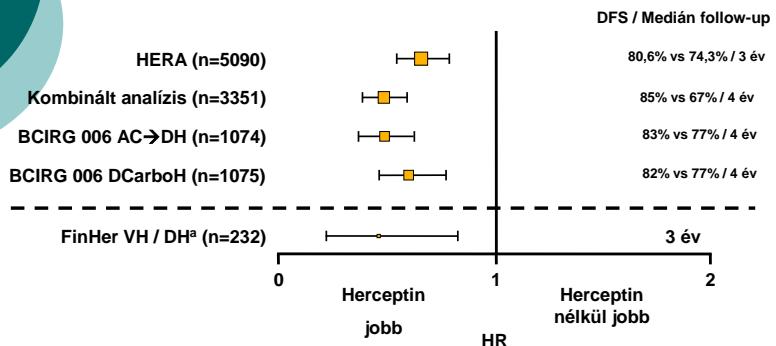


Approximately 14000 patients. Risk of relapse decreased by 50%, risk of death decreased by 30% with trastuzumab.

DFS 2. interim analysis



## Adjuváns Herceptin vizsgálatok: DFS összehasonlítása



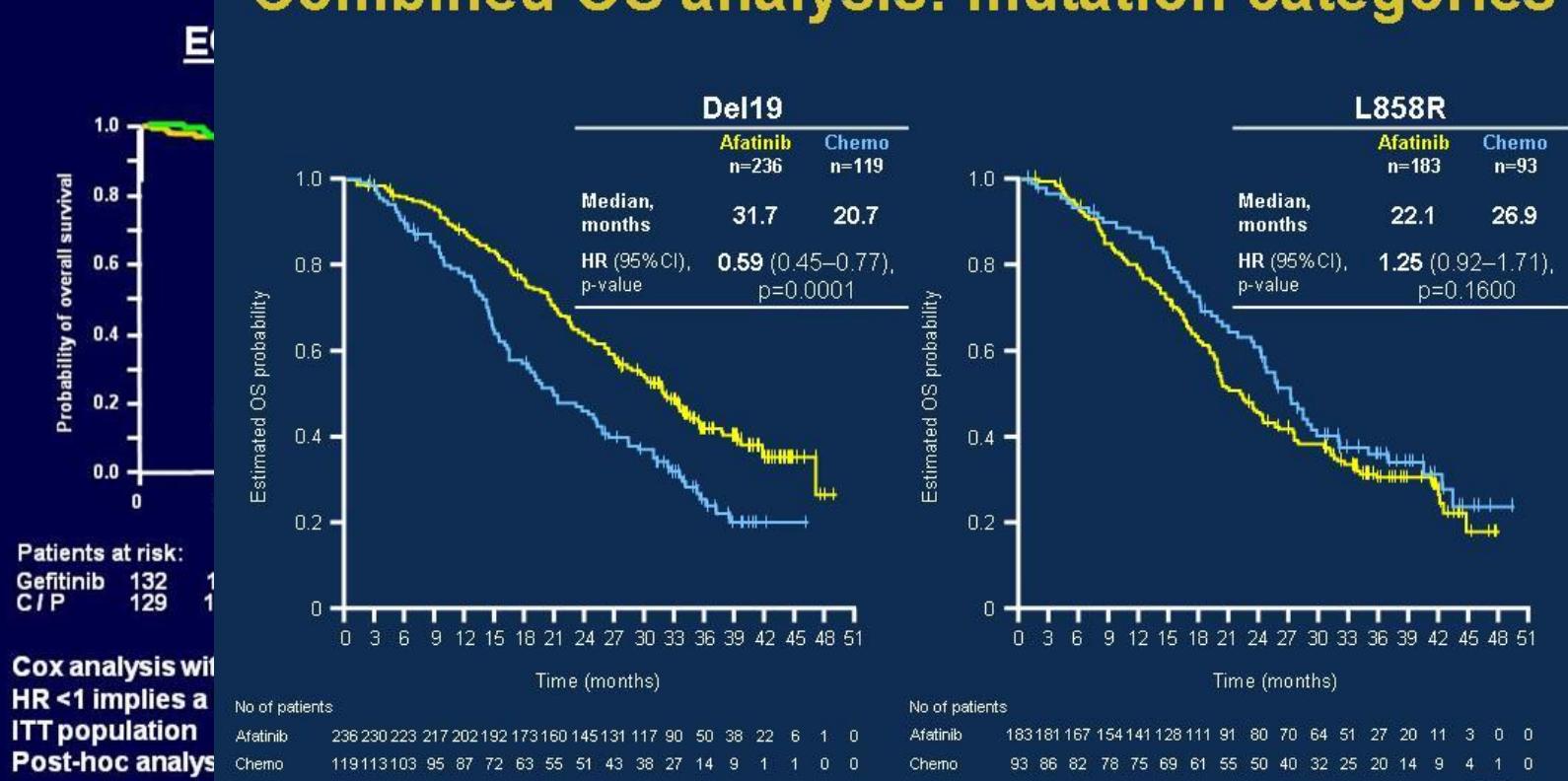
<sup>a</sup>Relapse-free survival; V, vinorelbine

Romond et al 2005; Joensuu et al 2006;  
Slamon et al 2006; Smith et al 2007

# Biomarker needed!

## IPASS: Overall Survival by

### Combined OS analysis: mutation categories



Abstract 8004: Presented by James Chih-Hsin Yang

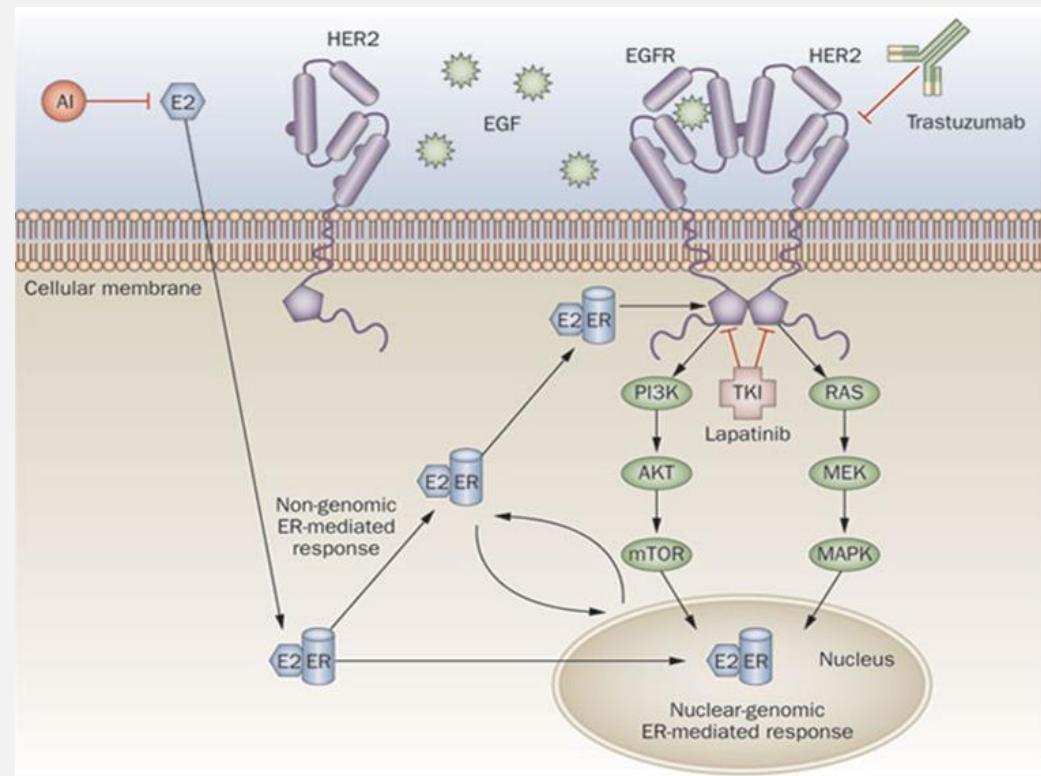
PRESENTED AT:



# „Cross-talks”

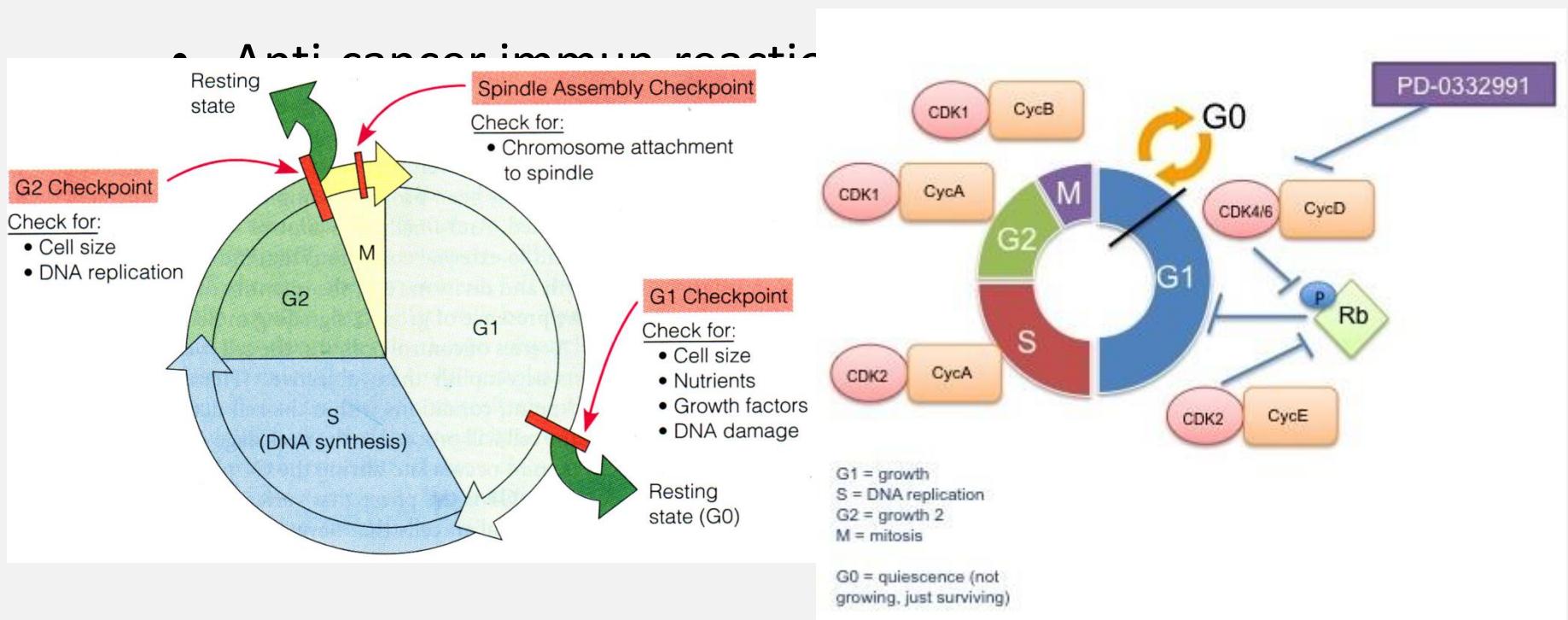
Different signal pathways are not independent from each other.  
One can substitute the other – resistance.  
Targeting more enzymes can overcome resistance.

trastuzumab + lapatinib  
trastuzumab + mTOR-inhibitor  
AI + mTOR-inhibitor  
BRAF-i + MEK-i

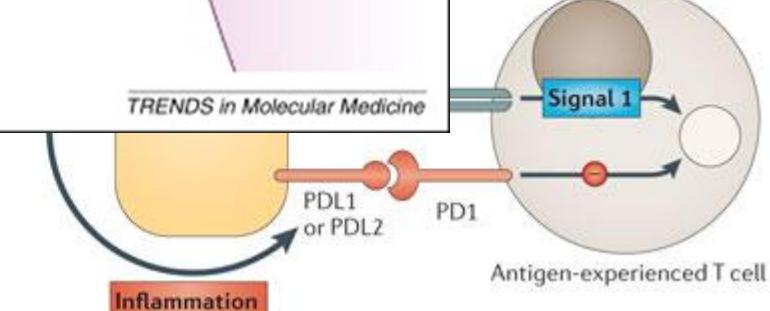
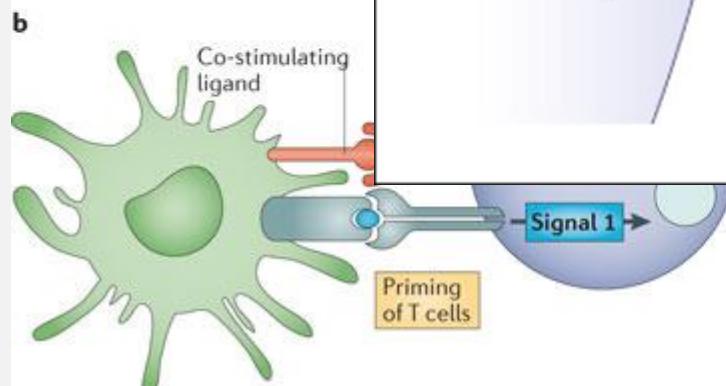
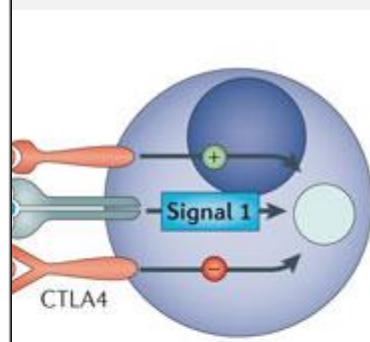
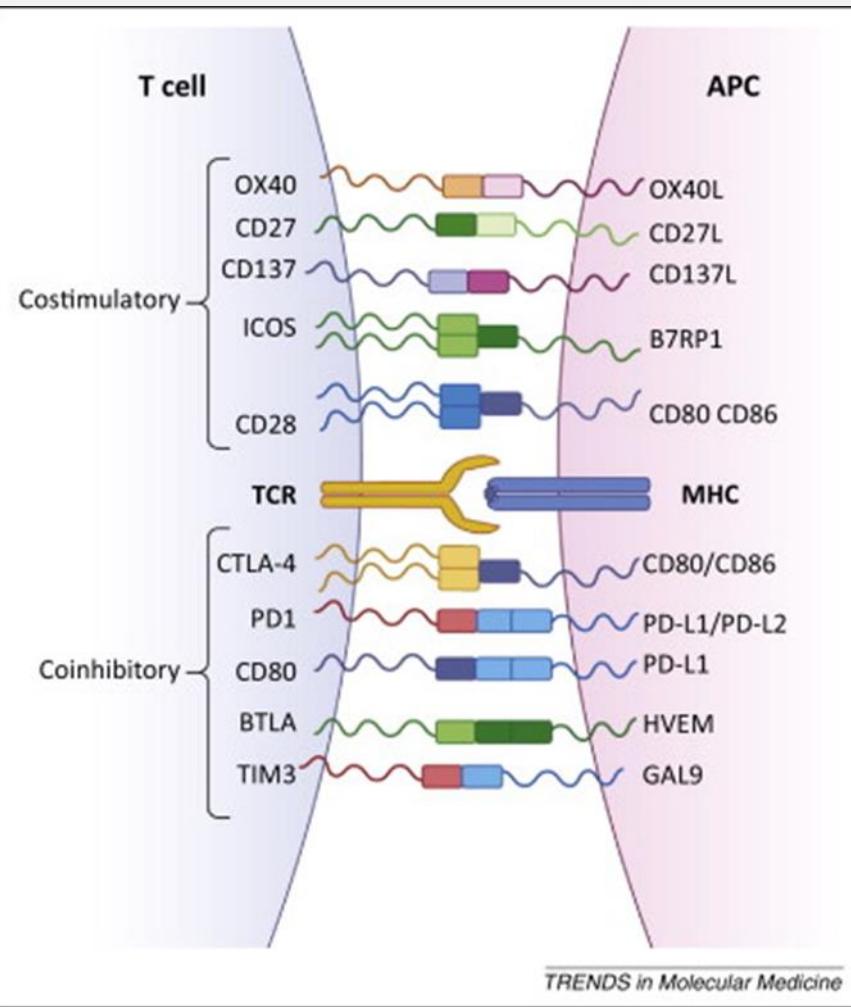
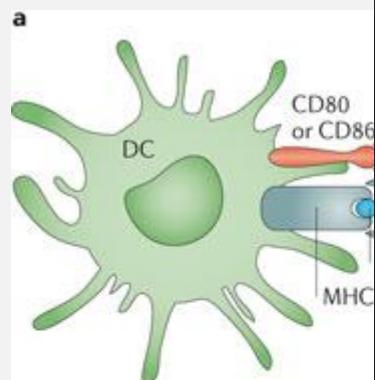


# „Checkpoint” inhibitors ( agonists)

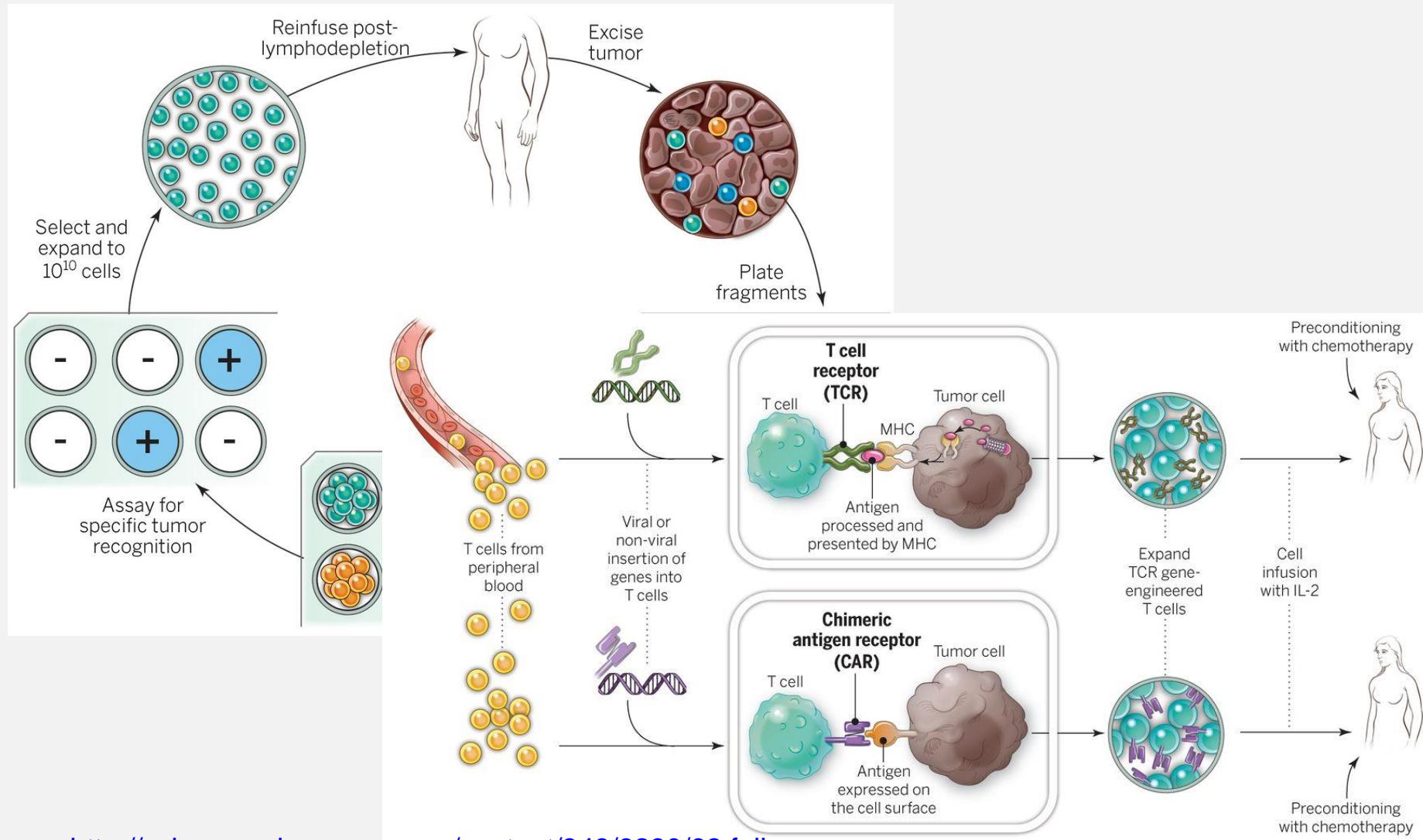
- Cell-cycle: cyclin-dependent kinase inhibitor



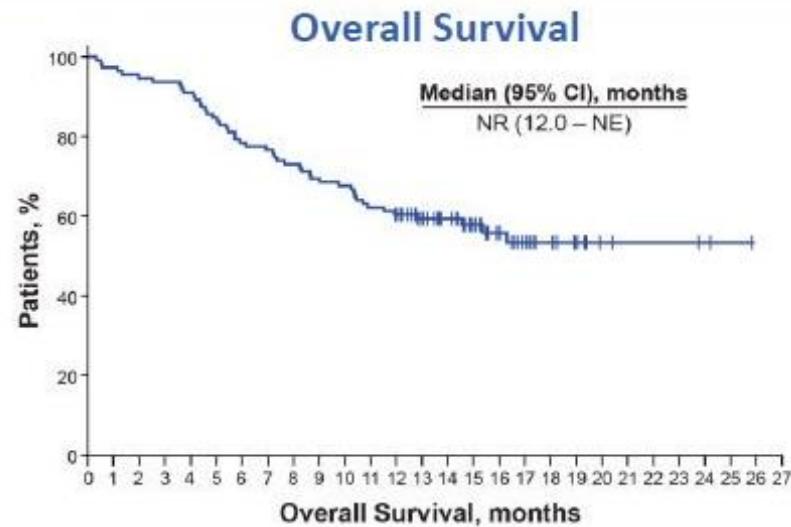
# Ipilimumab, n



# Adoptive T-cell transfer (ACT)



# Axicabtagene ciloleucel in refractory large B-cell non-Hodgkin lymphoma



Patients at Risk

Landmark	PFS
6-month	49
12-month	44
18-month	41

Patients at Risk

Landmark	OS
6-month	78
12-month	59
18-month	52

NE, not estimable; NR, not reached; OS, overall survival; PFS, progression-free survival.